Forestville	Middle/High	School

	MONDAY	TUESDAY		WEDNESDAY	12,00	THURSDAY	FRIDAY
Mo Lui	eakfast: 8:30 am- 9:30 am onday -Thursday nch: 10:45 am-12:45 pm onday -Thursday	1 No Meal Service	2	No Meal Service	3	No Meal Service	4 No Meal Service
7	Muffins Popcorn Chicken Mashed Potatoes Corn Fresh Fruit	Chocolate Chip Oatmeal Bar Personal Pan Pizza Tossed Salad Peaches	9	Breakfast Sandwich Taco in a Bag Brown Rice Corn Fresh Fruit	10	Apple Frudel Macaroni & Cheese Dinner Roll Green Beans Pears	11 No Meal Service
14	Meatball Dippers Cheesy Breadstick Tossed Salad Frozen Fruit Cup	Chicken Patty on Bun Mashed Potatoes Carrots Mandarin Oranges	16	Whole Grain Doughnuts Alfredo Breadstick Broccoli Fresh Fruit	17	Poptarts Cheeseburgers Fries Corn Applesauce Cup	18 No Meal Service
21	Mini Pancakes BBQ Pork on a Bun Whole Grain Chips Baked Beans Frozen fruit Cup	22 Breakfast Sandwich Chicken Fingers Mozzarella Sticks Broccoli Peaches	23	Muffins Personal Pan Pizza Corn Fresh Fruit	24	Banana Oatmeal Bar Spaghetti & Meatballs Tossed Salad Breadstick Fresh Fruit	25 No Meal Service
28	Whole Grain Doughnuts Turkey Subs Whole Grain Chips Carrot Sticks w/ Ranch Mandarin Oranges	29 Hanneritos Chicken Quesadilla Brown Rice Corn Fresh Fruit	30	Cherry Frudel Taco in a Bag Brown rice Corn Frozen Fruit Cup	31_	Cereal or Cereal Bar Chicken Gravy over A Biscuit Mashed Potatoes Carrots Fresh Fruit	Available Daily: 1% or Chocolate Milk Assorted Cereal Peanut Butter & Jelly